

**GLORIA J. PARKS
SENIOR PROGRAM
&
UNITED HEALTH CARE
PRESENTS**



FRIDAY AUGUST 24, 2018

10:00A.M.-2:00P.M.

3242 MAIN ST.

BUFFALO, N.Y. 14214

LIVING WELL

FREE HEALTH FAIR FOR SEASONED SENIORS

PRESENTATION SCHEDULE

GYM:

10:00A.M. REGISTRATION

10:30A.M. GLORIA J. PARKS TAI CHI CLASS

11:00A.M. FREE COOKING DEMONSTRATION WITH CHEF JACK

12:00P.M. HUSTLE FOR HEALTH URBAN LINE DANCE

12:30P.M.-1:30P.M. FREE LUNCH

PARTICIPATING ORGANIZATIONS

WALGREEN'S PHARMACY

PEOPLE'S INC

211

MESSAGE THERAPY

STAY FIT DINING

TAI CHI

GLORIA J. PARKS

BLUE WIRELESS

STATE WIDE OUTREACH

UB PHARMACY

ALL METRO

SENIOR ID TAG

MAMMOGRAM PREVENTION

UB DENTAL

HUSTLE FOR HEALTH

WNY QIGONG

ALZHEIMER'S ASSOCIATION

UNITED HEALTH CARE